



## BEDFORD CREW – LURGIO PROGRAM

### Application – Fall 2017

Email: Anne at [rccaod@hotmail.com](mailto:rccaod@hotmail.com)

[Bedfordcrew.org](http://Bedfordcrew.org)

The Lurgio Rowing Program is organized by Bedford Crew with the purpose of exposing Lurgio students to the sport of rowing. Rowing is big commitment. We ask that if you make it on the team, the crew club will be your priority on Fridays during the season and you will not make other commitments that will interfere with attendance.

When: The program will run on Fridays from 4:00-6:00pm at the ARC boathouse in Hooksett, NH. Parents will be responsible for carpooling their children to and from the boathouse each Friday. The first practice will be on Friday, September 8<sup>th</sup>. There will be an end-of-season fun race on the morning of Saturday, October 28<sup>th</sup>.

Cost: There is a participation fee of \$150 to cover the cost of insurance, coach fees, gasoline for the launches, swim test fee, and a team t-shirt.

Swim Test: All rowers will be required to pass a swim test before joining the team (test consists of swimming 4 laps and treading water for 8 minutes). Swim test will be held at the Goffstown YMCA on Wednesday, September 6<sup>th</sup> after school. Details to follow.

Team Meeting: All rowers and their parents will be expected to attend a meeting on Tuesday, September 5<sup>th</sup> in the Lurgio Media Center at 7pm.

***This application does not guarantee a spot on the team. Priority is given to 8<sup>th</sup> grade students and then 7<sup>th</sup> graders will be accepted on a first come, first serve basis. Participants will be notified by September 2<sup>nd</sup>.***

Name of Rower: \_\_\_\_\_ Grade: \_\_\_\_\_ M/F \_\_\_\_\_

Rower email: \_\_\_\_\_ Rower Cell#: \_\_\_\_\_

Street Address: \_\_\_\_\_ City/State: \_\_\_\_\_

Home Phone: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Are you participating in another fall sport or activity? If so, please list the commitments:

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**Parent/Guardian Information:** (PLEASE write legibly).

Parent/Guardian #1: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian #2 \_\_\_\_\_ Email: \_\_\_\_\_

***Please mail completed application to Anne Capodilupo, 30 Suzanne Drive, Bedford, NH 03110.***