



Bedford Crew

Spring 2016 Registration Packet

Mandatory Forms (due **March 15th**):

- Registration Form
- USRowing Release of Liability (online, look for email with details after registration is complete)
- Bedford Crew Club Release of Liability
- Media Release Form/Code of Conduct
- Consent for Treatment
- Physical/Medical Consent form from your Physician (signed Dr.'s form clearing you for physical activity.) (Physical exam good for 2 years – schedule now if you need a new one!) Also, please note that Bedford Crew does not have access to forms on file with BHS Athletic Department.

Payment (Due **March 15th**)

- \$500 (check made out to Bedford Crew)
- On-line store is expected to be open March 18th – 25th should you need to purchase a new race tank or other gear. More info to follow.

Practices:

- Regular season schedule:
 - Men:** Mon/Wed - boathouse 3:45p–6:00p. Tue/Thu –BHS 2:50p–5:00p
 - Women:** Mon/Wed – BHS 2:50p-5:00p. Tue/Thu – boathouse 3:45p-6:00p
- Most Fridays are left open for appointments and other personal issues. We have scheduled 4 running Fridays at BHS at the beginning of the season to help make up for no practices during April vacation. Saturday practices will also be scheduled around race days.
- For the spring season, practice for both men and women will be Monday – Thursday at the high school. “Regular Season” will begin as soon as the river at the boathouse is clear of ice and debris and the water and air temperatures are conducive to a safe rowing experience. This can be anytime during the month of April.

Important Date Schedule:

- March 1-15th – registration is open
- March 21st – First day of practice
- March 25th/April 1st /8th/15th – Friday runs at BHS for everyone
- April 9th – tentative Boathouse Opening date
- April 20-22nd – Intersession (practice on 20th/21st will be at BHS for everyone)
- April 25-29th – Vacation, no weekday practices
- May 14/15th - Lowell Invite. Not everyone will be racing both days.
- May 28th – Crimson Cup in Hooksett (tentative)
- June 5th – Sleigh Cup in Hanover
- June 7th – Award Ceremony at McKelvie

******Forms and payments must be received by March 15th and can be turned in to Mrs. Eaton at the BHS library******

Please put forms and payment in a sealed envelope.

Athletes without completed forms and/or payment will not be allowed to practice.



BEDFORD CREW
SPRING 2016 REGISTRATION FORM

Email: lashooh@comcast.net
www.bedfordcrew.org

Name of Rower: _____

Year Graduating: _____ M/F _____

Rower Email: _____

Rower Cell#: () _____ / _____

Street Address: _____

City/State: _____

Home Phone: () _____ / _____

D.O.B.: _____ / _____ / _____

Parent/Guardian Information (Email is important if you wish to receive emails from the Crew Club. This is our primary source of communication. **PLEASE write legibly.** Please. Please. Please..)

Parent/Guardian #1: _____ Email: _____

Parent/Guardian #2 _____ Email: _____

Rower Position: Rower Coxswain Rower/Coxswain

Rower Shoe Size: _____

Registration Fee*:

Per Rower: \$500 Check #: _____

***Refund Policy:**

- Withdrawal requested from date of rower's registration through March 15th : 100% refund of total registration fees refunded less a \$25 administrative fee per rower.
- Withdrawal from the team prior to the third day of practice is entitled to a 50% refund of the total fee.
- Withdrawal requested after third day of practice: no refund.
- Any exceptions to the refund policy due to illness, injury, or other extenuating circumstances will be addressed on a case-by-case basis at the beginning of the season. There is no guarantee that any exception will be made.

Uniforms: All new rowers are required to purchase a tank (\$36). For those who have purchased a uniform in prior seasons, you DO NOT need to buy a new one. More information to follow.



BEDFORD CREW
Registration – Spring 2016

Email: lashooh@comcast.net

www.bedfordcrew.org

2016 CODE OF CONDUCT AND MEDIA RELEASE

It is the mission of the Bedford Crew Club to provide Bedford High School students with the most enriching team-oriented athletic experience possible, while setting the highest standards of academics, responsibility, and sportsmanship for its participants. This Code of Conduct is being implemented for this purpose.

1. The student/athlete must be in good academic standing at Bedford High School. If not, the student will be required to work with the coach on a remediation plan to balance academics with participation on the crew team.
2. Team members are expected to be present at all practices, team meetings, contests, and special occasions unless excused by the coach. Unexcused absences may result in loss of rowing privileges and potential ineligibility.
3. The possession or use of tobacco, alcoholic beverages, or illegal drugs is prohibited by members of Bedford Crew. In addition, any misconduct resulting in a school suspension will also not be tolerated.
 - a. Upon evidence of possession or use of any of the above, and including egregious misconduct as outlined in the BHS handbook under "Citizenship and Student Behavior" resulting in a school suspension, the student/athlete will be suspended from the team, pending investigation.
 - b. The final decision to remove a student/athlete from athletic participation for the completion of the season will be made by the Coach in consultation with Bedford Crew Board of Directors.
4. Team initiations and hazing are strictly prohibited. Any athlete participating in such behavior, or who has awareness of such behavior without reporting it will be subject to permanent removal from the team.
5. In accordance with the above, I give Bedford High School permission to release the academic status and/or disciplinary actions against the student to a board representative of Bedford Crew.

We understand that these provisions will be enforced and failure to sign this document will not prevent its sanctions from being applied.

Parent/Guardian Signature: _____ Date: _____

Student Signature: _____ Date: _____

Media Release:

I give my permission / I do not give permission for photographs, videos and interviews to be taken of the above named individual during Bedford Crew activities. It is my understanding that any such images or interview content or portions thereof may be used for public view. Further I hereby authorize the Club to release/use my name in conjunction with the aforementioned images in recognized, responsible publications or media outlets, on Bedford Crew's website and as otherwise reasonable responsibly approved by the Bedford Crew. The purpose of this may be in conjunction with a general news release such as sports reporting or more specifically for recruiting or as part of publicity and marketing campaigns, fundraising efforts, or other Bedford Crew initiatives.

Parent/Guardian Signature: _____ Date: _____



BEDFORD CREW
Registration – Spring 2016

Email: lashooh@comcast.net

www.bedfordcrew.org

2016 CONSENT FOR TREATMENT FORM

Rower's Name: _____ Grade _____ DOB: ____/____/____

Address: _____ Home Phone: _(____)_____

Parent/Guardian 1: _____ Cell Phone: _(____)_____

Parent/Guardian 2: _____ Cell Phone: _(____)_____

Health Insurance Co.: _____ Policy #: _____

Group #: _____ Phone #: _____

If parents cannot be reached, please contact:

Name/relationship: _____ Phone #: _(____)_____

Health History: (include allergies, surgeries, injuries, long-term illnesses, heart trouble, concussions, asthma, and other breathing difficulties etc. If there is anything else that might helpful in coaching your child, please include here as well. Include dates where appropriate)

Current medications: _____

Date of last tetanus: ____/____/____

I hereby give permission for the care and emergency treatment of _____ by physicians, athletic trainers, coaches, EMTs, or hospital emergency room personnel for treatment of any illness or injury resulting from or affecting his/her athletic participation.

Preferred Physician: _____ Phone #: _(____)_____

Preferred Hospital: _____

SIGNATURE OF PARENT/GUARDIAN

____/____/____
DATE

BEDFORD CREW RELEASE OF LIABILITY

IN CONSIDERATION of being given the opportunity to participate in any Bedford Crew Club and Amoskeag Rowing Club activity, including scheduled, supervised club activities, and registered regattas, during the policy term **1/1/16 – 12/31/16**, I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. I ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. I FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death (“Risks”); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Release named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. I AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of Bedford Crew Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. I HEREBY RELEASE, discharge, and covenant not to sue Bedford Crew Club, Amoskeag Rowing Club, other rowing Clubs with whom we compete or share equipment, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant:

Date of Birth: ____ / ____ / ____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone: _____ **Date:** _____

Participant’s Signature: _____

Organization: Bedford Crew Club

PARENTAL CONSENT (if participant is under the age of 18).

AND I, the minor’s parent and/or legal guardian, understand the nature of rowing activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian:

Address: _____

City _____ **State** ____ **Zip** _____

Phone: _____ **Date:** _____

Parent/Guardian Signature (only if participant is under the age of 18): _____