



BEDFORD CREW – LURGIO PROGRAM

Application – Fall 2016

Email: Anne at rccaod@hotmail.com

Bedfordcrew.org

The Lurgio Rowing Program is organized by Bedford Crew with the purpose of exposing Lurgio students to the sport of rowing. Rowing is big commitment. We ask that if you make it on the team, the crew club will be your priority on Fridays during the season and you will not make other commitments that will interfere with attendance.

When: The program will run on Fridays from 4:00-6:00pm at the ARC boathouse in Hooksett, NH. Parents will be responsible for carpooling their children to and from the boathouse each Friday. The first practice will be on Friday, September 9th. There will be an end-of-season fun race on the morning of Saturday, October 29th.

Cost: There is a participation fee of \$150 to cover the cost of insurance, coach fees, gasoline for the launches, swim test fee, and a team t-shirt.

Swim Test: All rowers will be required to pass a swim test before joining the team (test consists of swimming 4 laps and treading water for 8 minutes). Swim test will be held at the Goffstown YMCA, date to be determined.

Team Meeting: All rowers and their parents will be expected to attend a meeting on Tuesday, September 6th in the Lurgio Media Center at 7pm.

This application does not guarantee a spot on the team. Priority is given to 8th grade students and then 7th graders will be accepted on a first come, first serve basis. Participants will be notified by September 2nd.

Name of Rower: _____ Grade: _____ M/F _____

Rower email: _____ Rower Cell#: _____

Street Address: _____ City/State: _____

Home Phone: _____ D.O.B.: _____

Are you participating in another fall sport or activity? If so, please list the commitments:

Parent/Guardian Information: (PLEASE write legibly).

Parent/Guardian #1: _____ Email: _____

Parent/Guardian #2 _____ Email: _____

Please mail completed application to Anne Capodilupo, 30 Suzanne Drive, , Bedford, NH 03110.